


IMPORTANT TIPS:

THE SEVEN PLUS DOES NOT REPLACE FINGER STICK TESTING. YOU WILL NEED TO CONFIRM SENSOR READINGS WITH A FINGERSTICK BEFORE MAKING ANY CHANGES TO YOUR THERAPY. YOU WILL ALSO HAVE TO CALIBRATE THE SEVEN SYSTEM TWICE A DAY WITH ONE FINGERSTICK.

- **Your sensor readings will not always match your fingerstick.** The sensor measures glucose in your tissues while your BG meter is measuring blood. The 2 will be similar to each other but not usually identical. In general, most readings are expected to fall within about 20% of the fingerstick reading.
- The SEVEN Plus is showing you your glucose trend - what direction and how fast your glucose is changing. This information may help you act before your glucose is too high or low so you can stay in your target glucose range.

Calibration: Here are some guidelines to follow to help get a good fingerstick calibration:

- Wash your hands before doing a fingerstick
- Use your **finger tips** and the same **BG meter** for all calibrations
- Calibrate when the Receiver asks you to or a minimum of once every 12 hours
- Do not calibrate when you see ??? or a  in the Status Box
- Calibration values should be between 40-400 mg/dL
- Be sure to enter your fingerstick value into the Receiver within 5 minutes

Alerts and Alarms:**High Alert:**

- Your High Alert is set at _____.
- The alert will vibrate/vibrate then beep (circle alert type) if you pass above your alert level.
- Press the “C” button to cancel this alarm
- Your Snooze is set for _____. The alert will let you know if you remain above your High Alert for that long.
- If you do not cancel this alert by pressing the C button, it will alert you 5 minutes later.


Low Alert:

- Your Low Alert is set at _____.
- The alert will vibrate/beep/vibrate then beep (circle alert type) if you pass below your alert level.
- Press the “C” button to cancel this alarm
- Your Snooze is set for _____. The alert will let you know if you remain below your Low Alert for this long.
- If you do not cancel this alert by pressing the C button, it will alert you based on your Alert Settings 5 minutes later.

Hypo Safety Alarm: This alarm is only available on the DexCom CGM System

- Will beep if you are below 55 mg/dL
- Will repeat every 30 minutes until you are above 55.
- This Alarm is non-adjustable and cannot be turned off

Getting the Most From Your SEVEN Plus System:

- The Receiver should be kept on you and within 5 feet of you transmitter.
- ??? means the Receiver is getting unknown glucose readings. These may happen throughout your sensor wear. Be patient as the ??? usually fixes itself in time.
- The  means the receiver is not “talking” to the transmitter, usually from being out of the 5 ft range.
- Charging your device takes about 1 hour every 3-5 days.
- For additional technical questions about your DexCom SEVEN PLUS, call Technical Support at 888-SEVENGO, Option 3.